



# How to Register

# Sponsors

# Location

# 12th Annual

## running from

# CANCER



## Sunday September 10, 2017

[www.runningfromcancer.com](http://www.runningfromcancer.com)

	5k	08:00
Half Marathon		08:00
Kids 1k & Disney Dash		09:00

### WHERE:

**Lakewood Park  
13451 Riverside Dr. E.  
Tecumseh, ON**

### TIME:

Half Marathon	08:00
5k Start	08:00
Disney 1k	09:00
Disney Dash	09:00
Awards	09:30

**Registration open Sunday  
September 10, 2017 at 06:00  
for all races.**

## The Course

Start and finish at Lakewood Park in Tecumseh and head east with plenty of water stations along the shores of Lake St. Clair. The course is well shaded.

## Award Structure

1st, 2nd, 3rd Female and Male overall in 5k and Half Marathon. 1st in each age group.

### Lead Sponsor

**Johnny's Gas Bar & Car Wash  
Domino's Pizza  
Brooks**

### Gold Sponsors

**New Balance Windsor  
Running Factory  
Sobeys  
Tim Horton's  
Wolverine Freight Systems  
Mucci Farms**



Oncology Unit

### 1. Online

Register online at:  
<https://raceroster.com>

### 2. Race Kit Pick-Up

Date: Sat. Sept. 9/17 10am to 4pm  
Location: Running Factory  
5480 Wyandotte St. E.

I hereby for myself, my heirs, executors and administrators and assigns hereby waive, release and discharge any and all rights and claims for damages I have ever had, now have or can, shall or may hereafter have against Windsor Regional Cancer Centre, Windsor Regional Hospital and any and all participating sponsors, supporters and directors, officers, employees and agents of such parties for any and all injuries in any manner arising or resulting from my participation in said race, I attest and verify that I have full knowledge of the risks involved in this race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of accident, illness or other capacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in this race.

Signature: \_\_\_\_\_